



Quality of Occupational Performance: ADL – Rating Form

Client name: _____ **Date:** _____

Occupational therapist: _____

Task performed: _____

Overall Quality of Performance Ratings				
Instructions: Check the rating that best matches the client's overall quality of performance.				
Effort	No increase_____	Mild increase_____	Moderate increase_____	Marked increase_____
Efficiency	Well organized and timely_____	Mild problems_____	Moderate problems_____	Marked problems_____
Safety	No risk_____	Mild risk_____	Moderate risk_____	Marked risk/Unsafe_____
Frequency of assistance	No need_____	Occasional_____	Frequent_____	Constant_____

Motor and Process Skill Ratings

Instructions: Circle the rating that best matches the observed quality of performance. Also record the observed performance/rationale for each rating.

Rating (based on level of observed problems): **No** = none, **Mi** = mild, **Mo** = moderate, or **Ma** = marked

Motor skills – within the context of performing a chosen and ecologically-relevant task, observable task actions related to effectively moving self and tangible task objects; task actions are performed without extra effort or clumsiness

Skill name	Rating				Observed performance/rationale
Stabilizes	No	Mi	Mo	Ma	
Aligns	No	Mi	Mo	Ma	
Positions	No	Mi	Mo	Ma	
Reaches	No	Mi	Mo	Ma	
Bends	No	Mi	Mo	Ma	
Grips	No	Mi	Mo	Ma	
Manipulates	No	Mi	Mo	Ma	
Coordinates	No	Mi	Mo	Ma	
Moves	No	Mi	Mo	Ma	
Lifts	No	Mi	Mo	Ma	
Walks	No	Mi	Mo	Ma	
Transports	No	Mi	Mo	Ma	
Calibrates	No	Mi	Mo	Ma	
Flows	No	Mi	Mo	Ma	
Endures	No	Mi	Mo	Ma	
Paces	No	Mi	Mo	Ma	

Process skills – within the context of performing a chosen and ecologically-relevant task, observable task actions related to effectively (a) selecting, interacting with, and using tangible task objects; and (b) carrying out individual actions and steps in an efficient manner; task actions are well organized, timely, and without unnecessary steps, pauses, or spatial disorganization

Paces	Paces is a motor skill and a process skill and is rated only once			
Attends	No	Mi	Mo	Ma
Heeds	No	Mi	Mo	Ma
Chooses	No	Mi	Mo	Ma
Uses	No	Mi	Mo	Ma
Handles	No	Mi	Mo	Ma
Inquires	No	Mi	Mo	Ma
Initiates	No	Mi	Mo	Ma
Continues	No	Mi	Mo	Ma
Sequences	No	Mi	Mo	Ma
Terminates	No	Mi	Mo	Ma
Searches/Locates	No	Mi	Mo	Ma
Gathers	No	Mi	Mo	Ma
Organizes	No	Mi	Mo	Ma
Restores	No	Mi	Mo	Ma
Navigates	No	Mi	Mo	Ma
Notices/Responds	No	Mi	Mo	Ma
Adjusts	No	Mi	Mo	Ma
Accommodates	No	Mi	Mo	Ma
Benefits	No	Mi	Mo	Ma